

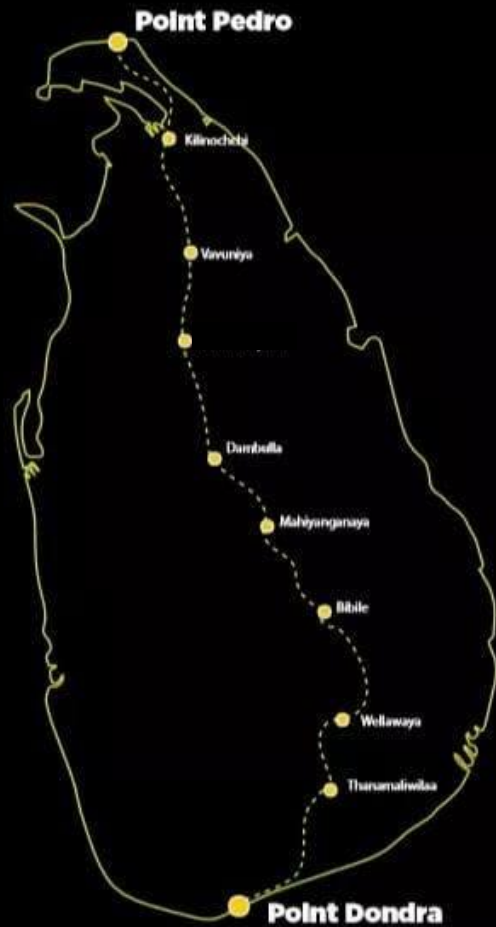
RACE THE PEARL

24 HR BICYCLE RACE



24 HOUR TEAM RELAY – Race Brief | 6th Edition 2023





**RACE
THE PEARL**
24 HR BICYCLE RACE



You've probably heard of Race Across America, Race Across Europe but there is nothing like #RaceThePearl. It's long enough to push your body and mind to boundaries beyond imagination, feast your eyes in the glory of nature, let your mind float searching for answers to life and still be at work on Monday morning 'There ^{is} nothing else like it!

Welcome to an epic, exotic and exhilarating race that could change your life! ””

YASAS HEWAGE,
Race Founder & Rider

RACE THE PEARL

24 HR BICYCLE RACE



*'The most Epic, Exotic & Exhilarating
Ultra-Endurance Bicycle Race
in the Indian Ocean'*

RACE THE PEARL

24 HR BICYCLE RACE



*'The most Epic, Exotic & Exhilarating
Ultra-Endurance Bicycle Race
in the Indian Ocean'*

600 Kilometers and 4000 Meters of ascent

SOLO	TEAM	RELAY
24 HOURS	32 HOURS	
SUPPORTED	UNSUPPORTED	
HOLIDAY	SHORT HOLIDAY	LONG HOLIDAY

28 Oct In Sri Lanka at 00.06 am

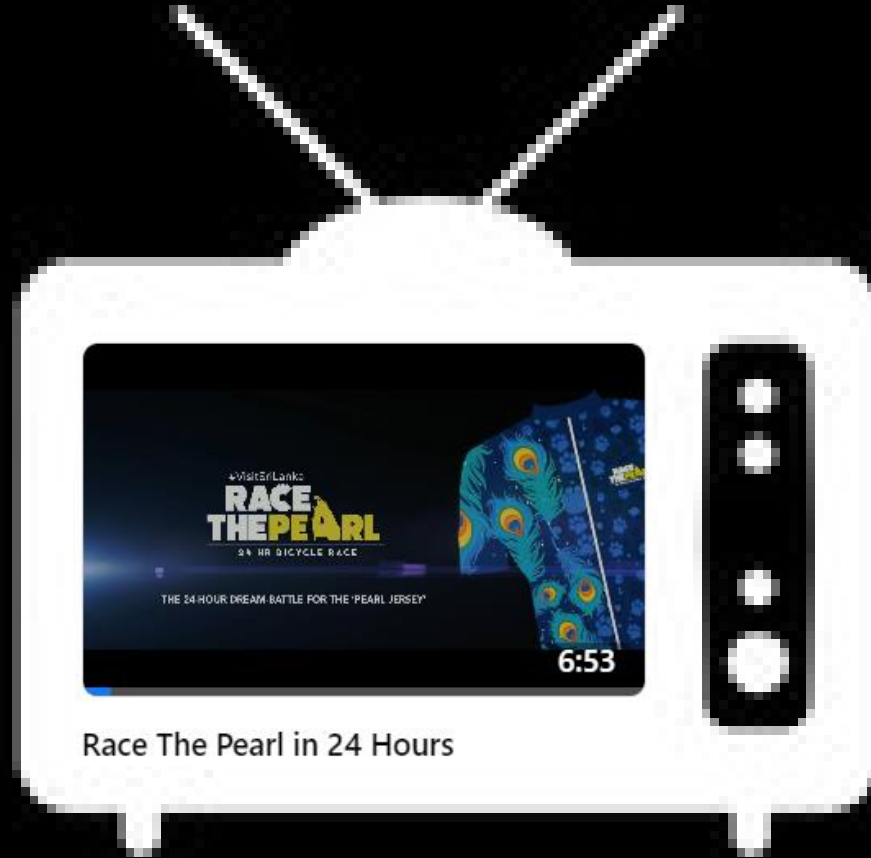




Sri Lanka

Ceylon, Serendib

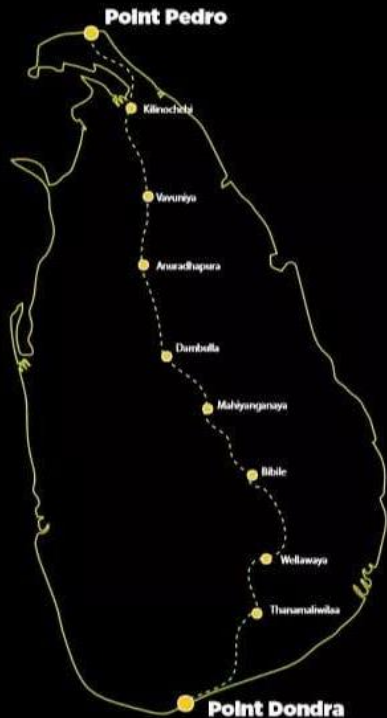
The Pearl Of The Indian Ocean



<https://web.facebook.com/RaceThePearl24/videos/1306610936921168>

RACE THE PEARL

24 HR BICYCLE RACE



Relay Power Play

Race In Summary

LOCATION
Sri Lanka
(7.8731° N, 80.7718° E)

DATE :
28th Oct 2023 at 00.06 am

START POINT
Point Pedro

FINISH POINT
Point Dondra

DISTANCE
610 km

TERRAIN
Paved Road

ELEVATION GAIN

HIGHEST ALTITUDE
234 Meters

TEMPERATURE
Max 35 C – Min 24C

AID STATIONS
3 aid Stations en- route*

CURRENT RECORD TIMING
22 hours and 02 minutes.

MECHANICAL & MEDICAL SUPPORT*

Available at the Point Pedro & at Dambulla Change over

SEVEN RACE OPTIONS

- 1) 24 Hour Solo
- 2) 24 Hour Solo – Unsupported
- 3) 24 Hour Team
- 4) 24 Hour Team - Unsupported
- 5) Team Relay (2 to 5 members)
- 6) 2 Day Challenge (32 Hours)
- 7) 2 Day Challenge – Unsupported (32 Hours)

Earns Qualification to the Prestigious Race Across America /RAAM

**Distances could marginally vary , await final update on race week



Building Your Relay Team To Have Fun !



Management & Leadership Guide

24 Hour Team Relay Category has now become hot at Race The Pearl

It's a great way to take up a challenge to push limits and still have fun . When a 24 Hour clock is ticking, it brings out something special in everyone .Here are some tips to make it work for your team

STEP 1 : RECRUIT THE RIGHT TEAM MEMBERS

'Culture eats strategy for breakfast ', guess you've heard this before . Figuring out the distance, average speed , route etc. is part of strategy and will not be the challenge for most , but building a team with a shared set of values and agreed principles to bring the best out of each team member is the challenge . This is the key to bring out an exceptional performance while enjoying it and will be reliant on building a great culture . Thats why this guide is key

People cycle for a lot of different reasons. Some people want to be competitive and go for the best possible time. Some people want to spend the day with friends and/or family while doing some cycling . Others might want to cycle someplace they have never seen before. All of these (and any other reasons) for joining a relay team are equally valid. What's important is that the whole team be in it for the same reasons.

If 2 people are expecting to race and 3 are in it for the fun and camaraderie, then there will be friction. Be about your intentions up front , and put together (or join) a team that will be in it for the same reasons. That way, everyone has a common goal and everyone can be on the same page from start to finish.

Remember your team is not only the riders but your support crew leader , assistants as well as wider groups such as Family & friends who play a role

STEP 2: PLAN AHEAD

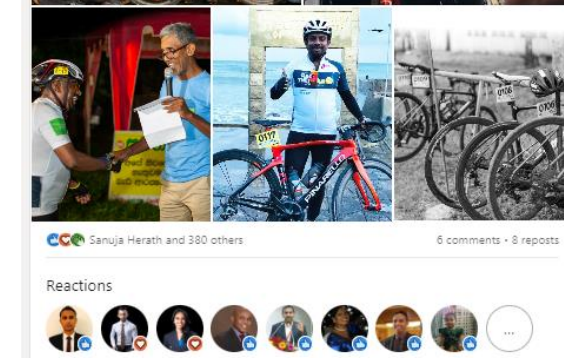
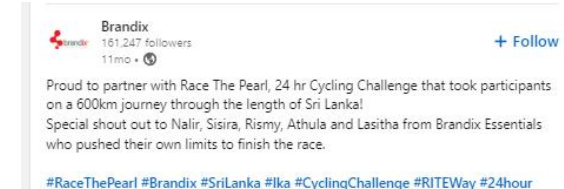
The logistics of a relay can be challenging if not planned ahead. Need to take it as a project and break it down to pre , during post for the whole race and do the same for each stage . Team captain and race crew leader need to familiarize with race rules and educate each team member . Remember to help from your teammates to make sure all the requirements are fulfilled, but don't forget that each team member brings in a unique set of resources and skills . Some are great in F & B department and another will be great on google maps and excel . Organize your rider support vehicle (RSV) early . Be thoughtful about which teammate should ride which stage . Make a quick spreadsheet to predict when you'll be where on the course. Remember that everyone, including the drivers, will likely be awake for somewhere between 24 to 36hours so discuss how to handle stress and conflicts . It will be fun reflect on all of this when it's all done.

STEP 3: LEARN YOUR ROUTE & LEARN YOUR STAGE

Make sure that you review your Stage details ahead of time. Start and Finish points , key towns , landmarks, tricky turns . If the race organizer will provide your team with a printable route planner , do take copies of that and all stage maps. Strongly recommend the team captain create one for each member and support crew and keep one in the RSV . You never know when you will have internet access on these relays, so having an old-school paper copy is valuable. Once you have your personal Stage details familiarize yourself with where the turns, climbs, and landmarks are so you can ride your best. Then review the turns AGAIN, because there is nothing worse than going off course in a relay.

FINAL STEP : Do It The #RITEWay

R For Respect , Respect each team member, competitors , volunteers , public , the rules and the race it self . I for Integrity , T for Teamwork and E for Execution and don't forget to add another E- for Enjoy to make sure everyone enjoys (Source Brandix , Event Sponsor 2022)


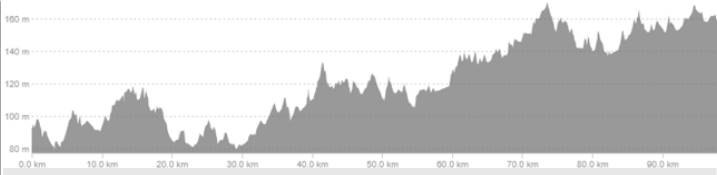

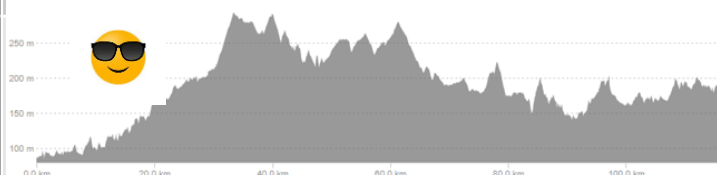
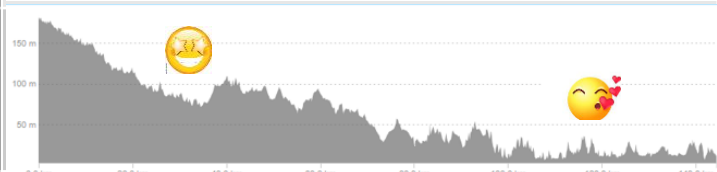


TEAM RELAY Stage Analysis

28th Oct 2023

Team Relay is an amazing team project experience in real life, A team could comprise of up to 5 riders out of which 1 could be assigned the Power Play role .A power play rider can ride up to 30 km on behalf of the team for strategic reasons , to give a break to a rider or during an injury . Stage and Route profile analysis will help plan rider allocations and logistics



Route Profile	Stage	Start and end	Distance	Assent
	Stage 1	Point Pedro to Vavuniya	145 Km	510 Meters
	Stage 2	Vavuniya to Dambulla	100 km	523 Meters
	Stage 3	Dambulla to Mahiyangana	111km	926 Meters
	Stage 4	Mahiyangana to Wellawaya	118 km	1021 Meters
	Stage 5	Wellawaya to Dondra	144 km	870 Meters

distances approximate and could change closer to the event



1

24 Hour Solo

A bold solo effort to complete the 600km in 24 hours. This is the ultimate challenge and completion will result in qualification for the prestigious Race Across America (RAAM). Race Support Vehicle (RSV) required. No drafting*



new

2

24 Hour Solo – Unsupported

A bold solo effort to complete the 600km in 24 hours. This is the ultimate challenge and completion will result in qualification for the prestigious Race Across America (RAAM). To qualify, each rider should have ridden **2,000 kms in total and one **250 km continuous ride as at 30th Sep 2023. Bike and race baggage transport included. Race Support Vehicle (RSV) not required. No drafting*



new

4

24 Hour Team - Unsupported

Solo riders up to a group of 5 can ride together to achieve the 24 hour mark. To qualify, riders should have ridden **2,000 kms in total and one **250 km continuous ride as at 30th Sep 2023. Bike and race baggage transport included. Race Support Vehicle (RSV) not required. *Drafting allowed



5

Team Relay

Teams of 2 to 5 riders will take designated Stages/Legs and complete the race in 24 hours. At each stage, the rider will require to complete a designated Stage and hand over to a team member. Power play option is explained in the rule book. Accumulated timing of the team is considered for ranking. Race Support Vehicle required. No drafting*

6

Two Day Challenge - 32 Hour Cut off

A category for aspiring ultra endurance riders to give this herculean challenge a go with the margin of a 32 hour cut off time. Race Support Vehicle required. *Drafting allowed



new

7

Two Day Challenge - 32 Hour Cut off - Unsupported

A category for aspiring ultra endurance riders to give this herculean challenge a go with the margin of a 32 hour cut off time. To qualify, each rider should have ridden **2,000 kms in total and one **250 km continuous ride as at 30th Sep 2023. Bike and race baggage transport included. Race Support Vehicle (RSV) not required. *Drafting allowed

RACE CATEGORIES

	Category	*Drafting	Distance	Race Time	Early Bird Race Fee Till 15 th Sep 23	Race Fee	Recognition	
24 Hour Solo*	Individual	No	610 km	24 Hours	LKR 58,000	LKR 74,000	Pearl Jersey Hall Of Fame 	<ul style="list-style-type: none"> • Finisher Medal • Rider Jersey • Finisher T Shirt • Official Timing Certificate • 5 Aid Stations • Post Race Food station • Race Pictures • Awards Ceremony
24 Hour Solo* Unsupported	Individual	No	610 km	24 Hours	LKR 74,000	LKR 84,000	Pearl Jersey Hall Of Fame 	
24 Hour Team	Individual	Yes	610 km	24 Hours	LKR 64,000	LKR 80,000	Pearl Jersey 	
24 Hour Team Unsupported	Individual	Yes	610 km	24 Hours	LKR 80,000	LKR 90,000	Pearl Jersey 	
24 Hour Team Relay	Up to 5	No	610 km	24 Hours	LKR 84,000	LKR 94,000	Pearl Ring	
2 Day Challenge 32 hour cut off	Individual	Yes	610 km	32 Hours	LKR 78,000	LKR 88,000	Green Jersey	
2 Day Challenge Unsupported 32 hour cut off	Individual	Yes	610 km	32 Hours	LKR 88,000	LKR 98,000	Green Jersey	
								Transport and lodging not included



* Earn the Pearl Jersey, Enter the Hall Of Fame and qualify for Race Across America/RAAM by completing the Race in 24 Hours

*Drafting is when two riders are less than 3 bike length or 5 meters from each other (refer rules book)

Motorized (E bikes) are not allowed. TT bikes, TT handle bars are not allowed in the 'drafting allowed' Categories

A bunch of riders drafting each other cannot exceed more than a group of 5 at any given time

24 HOUR TEAM RELAY - FEE STRUCTURE

Structure your team from 2 to 5 members

	Category	* Drafting	Distance	Race Time	Early Bird Race Fee Till 15 th Sep 23	Race Fee	Recognition	
24 Hour Team Relay	5 Member	No	610 km	24 Hours	LKR 84,000	LKR 94,000		<ul style="list-style-type: none"> • Finisher Medal • Rider Jersey • Finisher T Shirt • Official Timing Certificate • 5 Aid Stations • Post Race Food station • Race Pictures • Awards Ceremony
	4 Member	No	610 Km	24 Hours		LKR 84,000		
	3 Member	No	610 Km	24 Hours		LKR 74,000		
	2 Member	No	610 km	24 Hours		LKR 64,000		

Transport and lodging not included

Standard /Single Speed

Hybrid

Road



*Drafting is when two riders are less than 3 bike length or 5 meters from each other (refer rules book)
Motorized (E bikes) are not allowed. TT bikes, TT handle bars are not allowed in the 'drafting allowed' Categories

Stage 1 / Race The Pearl - Vavuniya

Cycling Route

★ Saved Edit

Details

📍 145.05 km ⚡ 510 m

🕒 5:59:54

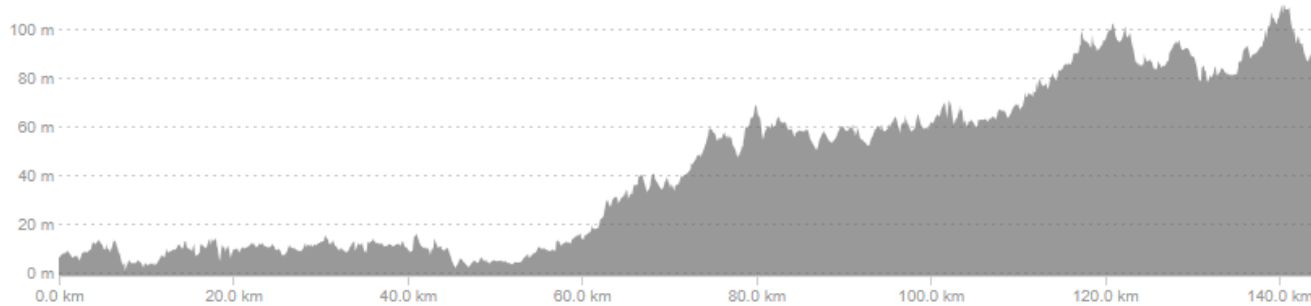
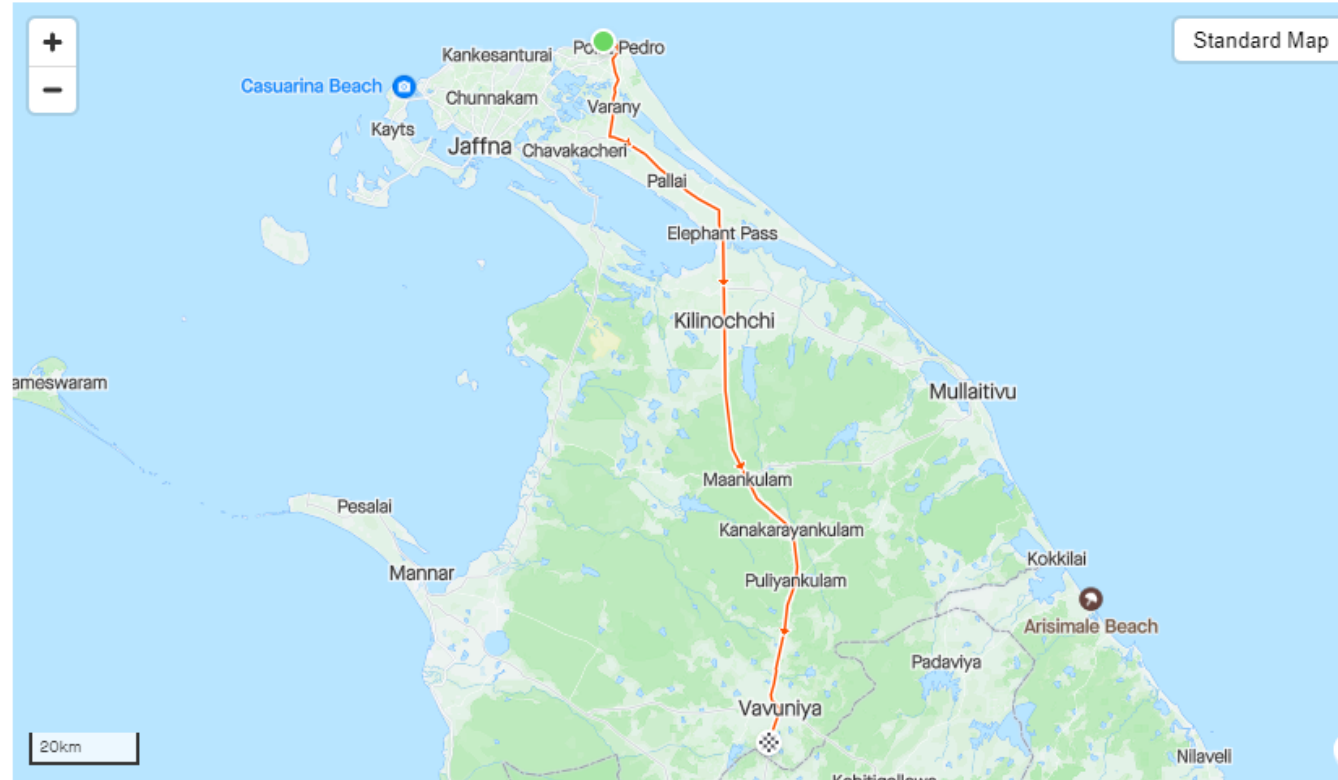
CREATED BY

yasas hewage
September 15, 2023 · Public



<https://www.strava.com/routes/3137720167329281032>

Route and Elevation



The most *epic, exotic & exhilarating* cycling challenge in the Indian Ocean



Stage 2 / Race The Pearl / Dambulla

Cycling Route

★ Saved Edit

Details

📍 99.08 km 📏 523 m

🕒 4:05:50

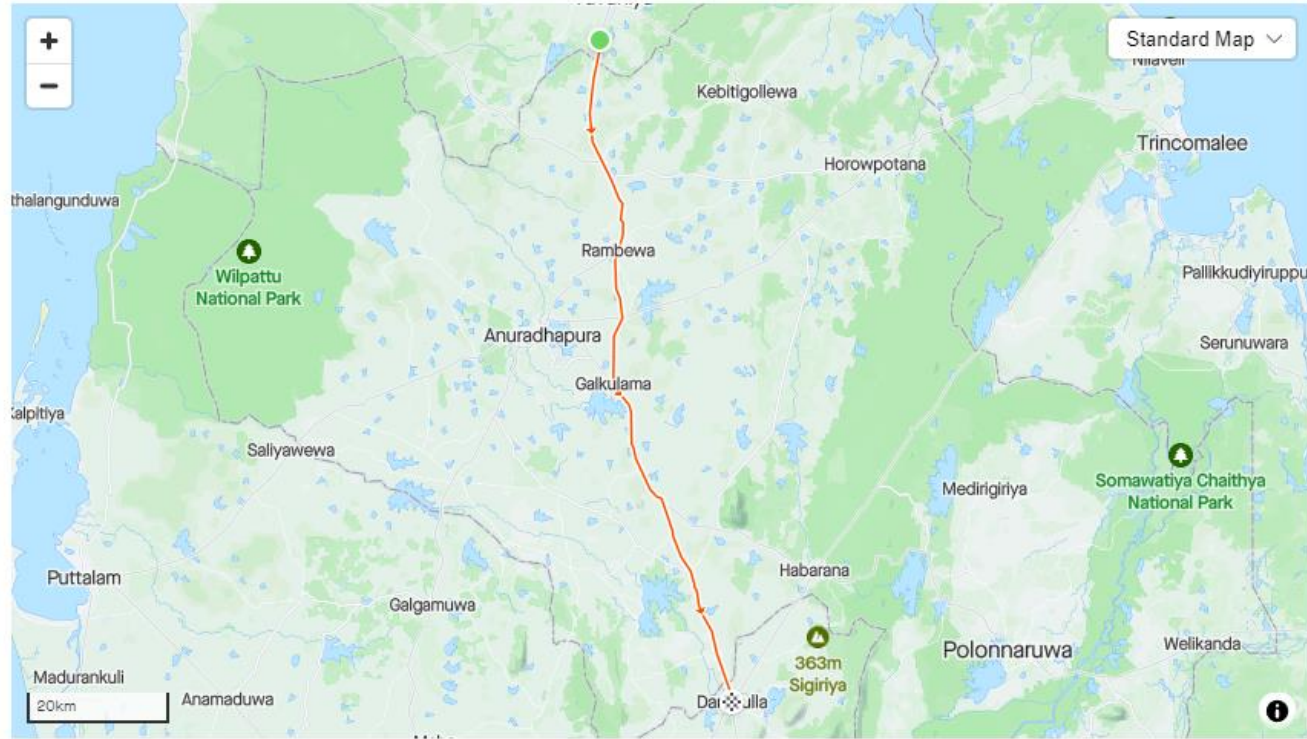
CREATED BY

yasas hewage
September 15, 2023 · Public



<https://www.strava.com/routes/3137721811366400386>

Route and Elevation



The best looking coast to coast Strava route map In the world 😊



NEW - Race The Pearl Stage 3 (Naula)



Cycling Route

★ Saved Edit

Details

111.05 km 926 m

4:35:33

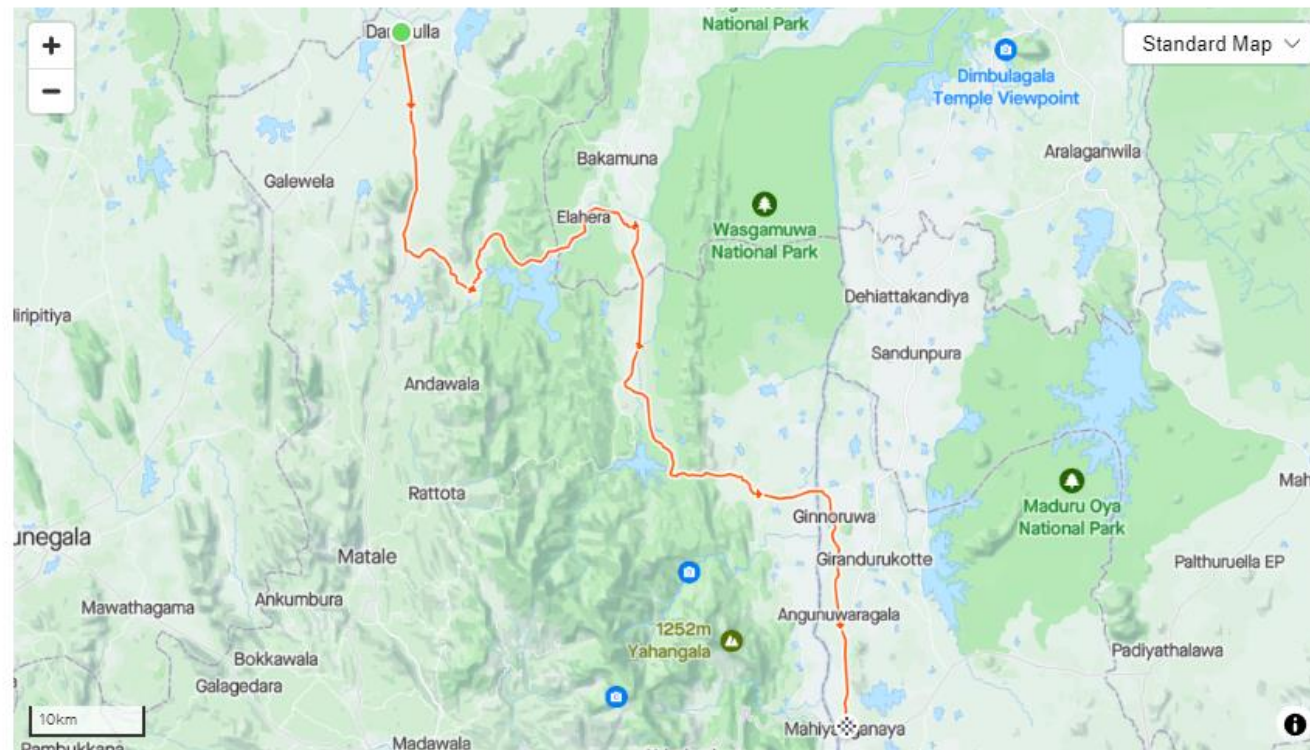
Race the Pearl 6th edition will see a new addition to the route, avoiding Bakamuna and coming to Naula and taking a left turn to the picturesque road passing the Bowathenna Tank & Dam, Nalanda Gedige going back 1000 years, greenery an elephant or two on the roadside all the way to Mahiyangana the ancestral home of the indigenous community. We almost forgot little peak :- in Laggla and lovely downhill

CREATED BY



<https://www.strava.com/routes/3137665885811851272>

Route and Elevation



It's a Race Holiday in the Pearl of The Indian Ocean



Stage 4 Race The Pearl / Wellawaya

Cycling Route

★ Saved

Edit



Details

📍 117.79 km

📏 1,021 m

🕒 4:52:15

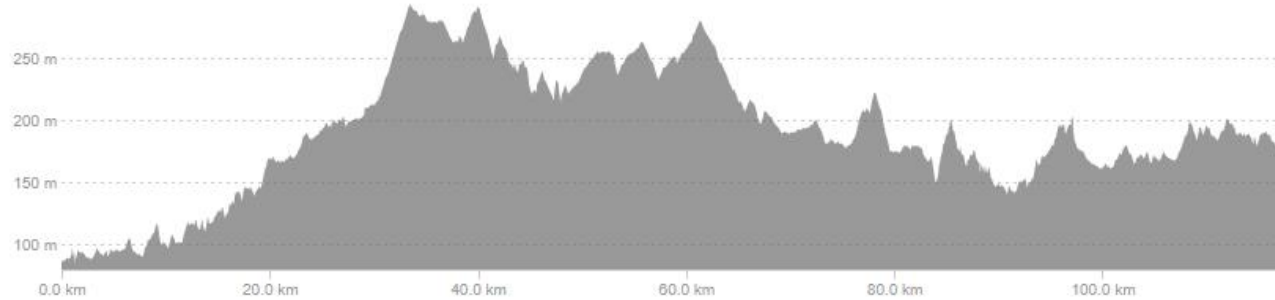
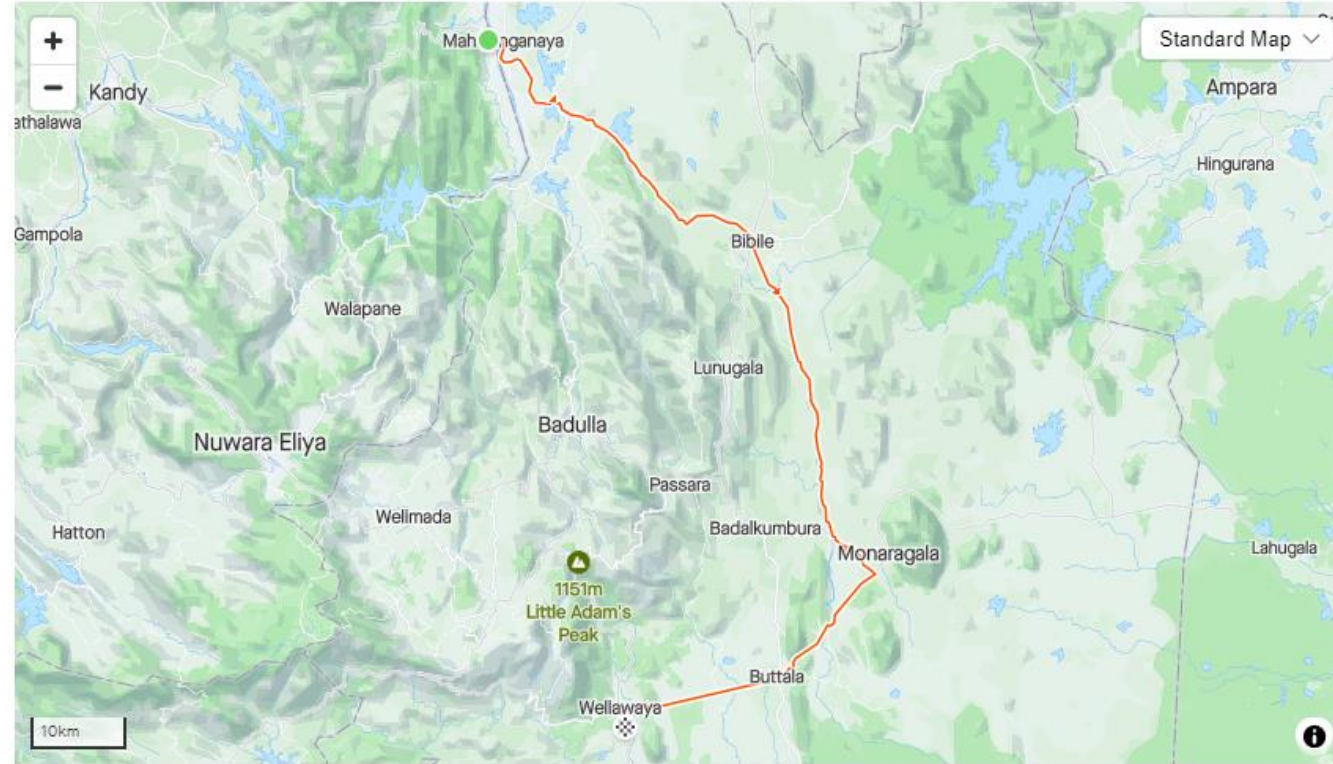
CREATED BY

yasas hewage
September 15, 2023 · Public



<https://www.strava.com/routes/3137717447331507418>

Route and Elevation



RACE THE PEARL

24 HR BICYCLE RACE 2ND EDITION

RIDER SUPPORT VEHICLE GUIDE



Race Support Vehicle (RSV)

Refer Guidelines on the RSV and the Crew Leader Role on Race Rules document



ORGANISED BY

Spinner
EPIC CYCLING EVENTS



Support a child with a wheelchair
WHEELS FOR WHEELS FOUNDATION
www.aroundthepearl.lk



A #SafeRide is a great ride

Stage 5 / Race The Pearl - Dondra

Cycling Route

★ Saved
Edit
▼

Details

📍 144.47 km 📏 870 m

🕒 5:58:27

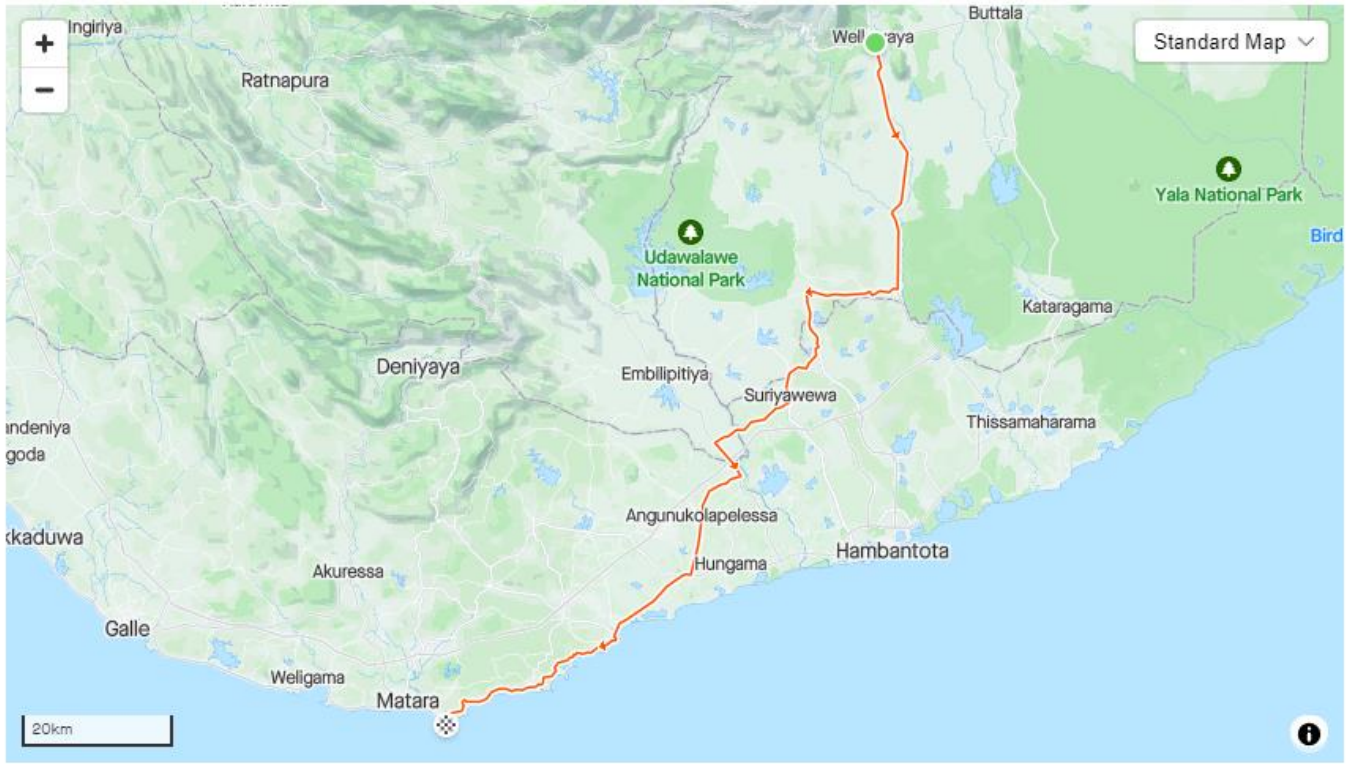
CREATED BY

yasas hewage
September 15, 2023 · Public



<https://www.strava.com/routes/3137718375527307272>

Route and Elevation



long enough to push limits to the boundary and short enough to get back to work on Monday



Rules Related to Team Relay Category

Refer complete rule book on www.racethepearl.com

- **12.2 Team Relay**
- Race Relay includes 5 Stages
- The Rules for Solo Racers also apply to Relay Racers. However, additional Team rules include:
- Number of Relays participants are a minimum of two and a maximum of 5
- One Rider of the registered Racers and designated for the stage may ride at any time.
- The designated **rider of each Stage will handover Race Ring/Band and Time Stamp Sheet** to Next Stage Rider at the designated exchange Points
- **A single mobile phone with Strave GPS Tracking or a GPS unit needs to be passed to each rider along the race**
- If one or more of the Team Members gets hurt or cannot ride, a substitution can be allowed through the **power play option** (Refer next slide) as an exception. The substitution will be made from the Registered Riders of the team, with approval from Race Director .
- No switching Stages once the Race starts.
- Penalties for Rules violations will be imposed on the entire Team, not just on the Racer responsible.
- The rider is not allowed to draft another cyclist at any given time
- **Refer Bicycle rules on 8.1**

POWER
PLAY
Is Fun 😊

Rules Related to Team Relay Category

Refer complete rule book on www.racethepearl.com

- **12.2. Team Relay Category continued**
- **Power Play – Can be used to boost up the speed. meet a milestones or during injury to a rider**
- Each team is eligible for three Power plays only
- Relay teams can designate a specific **Power Play Rider (PPR)** from their members , which cannot be changed during the race
- Each Power Play is for a minimum of 10 km and maximum of 30 km
- A power play can be opted by the Crew Leader by officially informing Race HQ and receiving approval. This can be done at any point of the Race
- Each power play will be at an investment of a **'3 Minute Time adjustment'** (Three Minutes is added to Total timing)
- Two Power Plays cannot be executed back to back .
- The **gap between two Power Plays** have to be minimum of 30 kms
- **12.3 24 Hour Team**
- This is an individual Category with the potential ride as a team
- Riders are allowed to draft , but at any given time a group should not exceed over 5 riders
- Maximum 5 in a group should be supported by one designated RSV
- **12.4 Solo 24 Rider**
- The rider is not allowed to draft another cyclist at any given time
- Each Solo Rider needs a dedicated RSV

POWER
PLAY
Is Fun 😊

Planning Your Finances For Transport & Lodging

The exciting part is the planning . It start away before race day



	Country	Discipline	Distance	Cut off	Registration Fee		Air Fare
					Individual	Relay	
Race Across America	USA	Bike	4,800 km	12 Days	USD 3700	USD 9000	
Race Across Sri Lanka	Sri Lanka	Bike	330 km	2 Days	USD 95	USD 135	
Race The Pearl	Sri Lanka	Bike	600 km	24 Hours	USD 190	USD 280	
Half Ironman	India	Swim /Bike /Run	113 km	8.5 Hours	USD 400	USD 600	
Full Ironman	Malaysia	Swim/ Bike/ Run	226 km	17 Hours	USD 450	USD 650	
Marathon	Singapore	Run	42 km	7 Hours	USD 150	n/a	



Transport Luxury Bus

Passenger – **Rs 3000**

Bike Transport – **Rs 2000**



- Colombo to Jaffna (Point Pedro) -
 - Departure : Colombo /Wellawatte - 9 p.m.
 - Arrival / Point Pedro (Race Start) - 4.00 a.m

Rider Support Vehicle (RSV)

Car Rental with driver

- Point Pedro to Point Dondra) - **Rs 75 ,000**
- Van with driver
 - Point Pedro to Point Dondra) - **Rs 110 ,000**
- Motor Bike Rental Per day - USD 10
- Tuk Tuk Rental Per Day- USD 20
- Small Car Rental Per day - USD 30

Lodging



Race Motel /
6 km to race start
Rs 7000/-



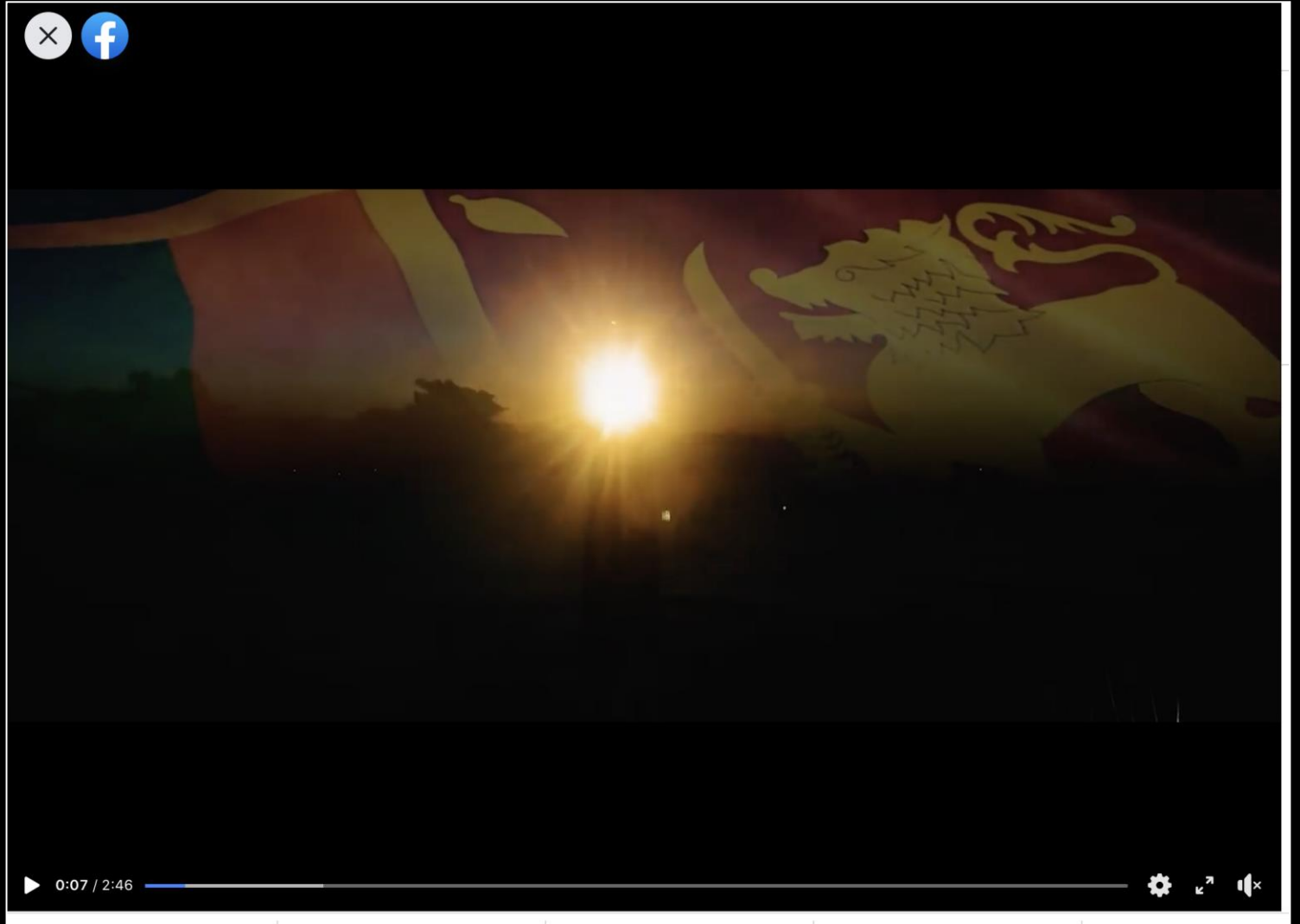
Cheap & Clean/
4 km to Race start
Rs 3,500/-



Luxury Hotel/
34 km to race start
Rs 20,000

One More

RACE
THE PEARL
24 HR BICYCLE RACE



<https://www.facebook.com/374646130003485/videos/360885748135682>

SRI LANKA, PARADISE FOR THE #ULTRACYCLIST



Word'sEnd4XR

4000 meters of climbing over 180 kms in Nuwara- Eliya In the central hills & tea capital of Sri Lanka through the nature and wildlife haven of Horton Plains leading to the World's End and back.



January



Around The Pearl

In 10 Days

1400 kms around the beautiful coastal belt of Sri Lanka. to raise funds for 10,000 Wheelchairs A ride with a deeper purpose and the best way to see Sri Lanka on a Bicycle. For some it's a 10 day training camp and holiday



April



Race Across Sri Lanka

330 km from the West Coast, Capital Colombo to the East Coast Surfing City Arugam Bay , through the picturesque party city of Ella in the lovely hills and downhills of Sri Lanka



July



Race The Pearl

The ultimate challenge. 600 km in 24 hours. From The Northern most Point Pedro to the Southern Coast , Dondra Head. through day & night , elephants and peacocks , ups and downs

A 24 hour slice of life of human spirit to prove that anything is possible. The most Epic , Exotic and Exhilarating Bicycle Race in the Indian Ocean



October

Organized by

SPINNER



Organizing Partner & Official Bike Mechanic



RIDE - RACE - REPAIR - RENT

+94 702 444 444



Spinner Cycling Sri Lanka



@unclebicycle

RACE
THEPEARL
24 HR BICYCLE RACE

Spinner Race Head Quarters +94 702 444 444 /
+94 777 354 194
www.racethepearl.com